



# Building and Teaching in a Trauma-Informed Classroom

**FULL!**

~~May 1, 2019~~

**ADDITIONAL SESSION!**

**May 20, 2019**

**8:30 a.m. – 3 p.m.**

**CREC | 111 Charter Oak Ave.  
Rm 101/102, Hartford, CT**

**Cost: \$100**

**REGISTER**

About 1 in 4 children witness or experience a traumatic event before the age of four, and almost 50% of children and adolescents in the United States have experienced at least one type of childhood trauma.

In this training, you will learn what childhood trauma is, how trauma impacts children and adolescents, and how symptoms might manifest in the classroom. We will also discuss potential triggers that students might face at school and create concrete plans that can be implemented in the classroom to create a more trauma-sensitive experience for all students.

Participants will learn:

- What is childhood trauma, how trauma impacts children and adolescents, and how symptoms might manifest in the classroom
- Potential triggers that students might face at school
- Strategies that can be implemented in the classroom to create a more trauma-sensitive experience for all students



## **PRESENTER: Viana Turcios-Cotto, Ph.D.**

*As an advanced graduate student, Dr. Turcios-Cotto trained at UConn Health's Psychological Trauma Clinic with renowned trauma psychologists Dr. Julian Ford and Dr. Jason Lang. As a licensed psychologist, she works daily with children, adolescents, and adults who have endured a variety of traumatic experiences. Prior to earning her Ph.D., Dr. Turcios-Cotto earned her B.A. in Psychological and Brain Sciences and became a certified elementary school teacher at Dartmouth College. Dr. Turcios-Cotto earned her Ed.M. in Human Development and Psychology at the Harvard Graduate School of Education and served as a second and third grade teacher at a public school in Manchester, CT.*



Please bring a laptop or other device for note taking and access to online resources.

For workshop information, email Linda Darcy at [ldarcy@crec.org](mailto:ldarcy@crec.org).

For assistance with registration, contact MJ Candeias at [mcandeias@crec.org](mailto:mcandeias@crec.org) or 860-524-4022.

For a complete listing of CREC events, visit [www.crec.org/events](http://www.crec.org/events)

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